



What does NorPIP do?

We are a parent-infant therapy charity that provides help during pregnancy and after birth for any parents who are struggling to form a strong relationship with their babies as well as work with parents with perinatal and maternal/paternal mental health issues which are getting in the way of you enjoying parenting, or making everyday life a struggle.

Many parents have a very tough time becoming a parent and if this is becoming overly tough, help is at hand through the NorPIP therapeutic team.

We have an excellent team of highly qualified and experienced therapists whom can help you to build strong relationships between you and your child, or between your partner and your child up to the age of two. We see work with you at this early stage of parenthood will help you to get more joy and happiness out of parenting in the long haul.

Parents we work with often have crisis or anxiety in their lives for a range of different reasons, but don't need to be suffering from a diagnosed mental health issue in order to get our help.

If you are concerned about your own feelings about becoming a dad, or concerned about how your partner is coping with parenthood, you can speak to one of our team in confidence and find out if our therapy is the right course of action for you and if its not, we'll help signpost you to the right support.

Costs

Our therapy is usually free of charge, but we may ask you for your financial and other personal circumstances in order to establish how we can provide support to you.

For more information

Our office is usually open between Monday to Friday and we are based at St Giles House, 76 St Giles Street, Northampton NN1 1JW on the 3rd floor of the Relate Building. We advise telephoning us and scheduling an initial appointment to discuss your individual circumstances or discuss over the phone. From there, we will set up therapy for you.

We apologise our telephones are not manned regularly but please leave a voicemail and we will call you as soon as we can.

Our phone number is 01604 924 735 and email is info@norpip.org.uk

For more information, please visit our website at www.norpip.org.uk